

South Dakota Human Services Center
MEDICAL CLEARANCE
General Guidelines

Laboratory testing is generally not required on patients who meet the following:

- Are not drug or alcohol dependent
- Are not homeless
- Are under 40 years of age
- Have stable vital signs within normal limits
- Have no suspected overdose
- Have no known medical issues

In addition, patients coming from a supervised setting such as a hospital, nursing home, residential facility, etc. will not generally be required to obtain laboratory testing.

In general MOST OTHER REFERRALS will require the following:

- CBC (Complete Blood Count)
- CMP (Comprehensive Metabolic Panel)

Additional labs that may be requested per diagnosis/symptom:

Suicidal or Bipolar, Depressive

- Tylenol level
- Aspirin level
- If known Over Dose – poison control contacted and recommendations followed by referring facility

Bipolar, Manic

- TSH (Thyroid Stimulating Hormone) (Only if Directed)

Schizophrenia/Delusional/Hallucinations/Psychosis

- Tylenol level
- Aspirin level

Drug use/Intoxicated/Alcohol use

- ETOH Level (Ethanol Level)

Dementia/Delirium

- UA (Urinalysis) (Rule Out Urinary Tract Infection)
- Chest x-ray (Rule Out Pneumonia)
- UDS (Urine Drug Screen) only if indicated
- Head CT if new onset or acute mental status change